



Week: _____

Lesson: _____

SCHOOL	GRADE	DATE	TIME	ROLL
	TWO			

STRAND/THEME/TOPIC: PERSONAL HYGIENE

SUBSTRAND/SUB-THEME/SUB-TOPIC: Use and care of personal items.

Specific lesson learning outcome.

By the end of the lesson, the learner should be to identify the items used for personal cleanliness.

KEY INQUIRY QUESTION (s)

What items do we use for personal cleanliness?

Core competencies	Values	PCIs
<ul style="list-style-type: none"> • Critical thinking • Communication and collaboration • Digital literacy • Self-efficacy 	<ul style="list-style-type: none"> • Responsibility • Love • Respect 	<ul style="list-style-type: none"> • Health issues • Life skills

LEARNING RESOURCES

Picture of personal items.

Materials for cleaning personal items: water, soap, brush.

Computers/tablets.

Focus on Hygiene and nutrition Grade 2 learners' workbook pg. 29-35

ORGANIZATION OF LEARNING

Learners to work in pairs or groups.

INTRODUCTION

Review the previous lesson.

LESSON DEVELOPMENT (Assessment as learning)

Step 1: Guide the learners to identify the items they use when taking bath.

Step 2: Guide the learners to list and write them in their exercise books.

Step 3: Learners to discuss how these items are used.

SUMMARY

Review the lesson

CONCLUSION (Assessment of Learning)

Cleanliness in important for health

EXTENSION OF ACTIVITIES

Learners to promote personal hygiene among family members and friends.



REFLECTION ON THE LESSON/SELF-REMARKS

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Week: _____

Lesson: _____

SCHOOL	GRADE	DATE	TIME	ROLL
	TWO			

STRAND/THEME/TOPIC: PERSONAL HYGIENE

SUBSTRAND/SUB-THEME/SUB-TOPIC: Use and care of personal items.

Specific lesson learning outcome.

By the end of the lesson, the learner should be to identify the items used for personal cleanliness.

KEY INQUIRY QUESTION (s)

What items do we use for personal cleanliness?

Core competencies	Values	PCIs
<ul style="list-style-type: none"> • Critical thinking • Communication and collaboration • Digital literacy • Self-efficacy 	<ul style="list-style-type: none"> • Responsibility • Love • Respect 	<ul style="list-style-type: none"> • Health issues • Life skills

LEARNING RESOURCES

Picture of personal items.

Materials for cleaning personal items: water, soap, brush.

Computers/tablets.

Focus on Hygiene and nutrition Grade 2 learners' workbook pg. 29-35.

ORGANIZATION OF LEARNING

Learners to work in pairs or groups.

INTRODUCTION

Review the previous lesson.

LESSON DEVELOPMENT (Assessment as learning)

Step 1: Guide the learners to identify the items they use when taking bath.

Step 2: Guide the learners in a discussion to show why these items should not be shared.

Step 3: Guide learners to colour some personal items on page 29 of learner's workbook.

SUMMARY

Review the lesson

CONCLUSION (Assessment of Learning)

Cleanliness in important for health

EXTENSION OF ACTIVITIES

Learners to promote personal hygiene among family members and friends.



REFLECTION ON THE LESSON/SELF-REMARKS

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Week: _____

Lesson: _____

SCHOOL	GRADE	DATE	TIME	ROLL
	TWO			

STRAND/THEME/TOPIC: PERSONAL HYGIENE

SUBSTRAND/SUB-THEME/SUB-TOPIC: Use and care of personal items (toothbrush)

Specific lesson learning outcome.

By the end of the lesson, the learner should be to:-

- a. Identify the items used for personal cleanliness
- b. Give reasons why we should not share personal items.
- c. State the procedure used when cleaning items for personal use.

KEY INQUIRY QUESTION (s)

What items do we use for personal cleanliness?

How do we clean personal items?

Why should we not share personal items?

Core competencies	Values	PCIs
<ul style="list-style-type: none"> • Critical thinking • Communication and collaboration • Digital literacy • Self-efficacy 	<ul style="list-style-type: none"> • Responsibility • Love • Respect 	<ul style="list-style-type: none"> • Health issues • Life skills

LEARNING RESOURCES

Picture of personal items.

Materials for cleaning personal items: water, soap, brush.

Computers/tablets.

Focus on Hygiene and nutrition Grade 2 learners' workbook pg. 29-35

ORGANIZATION OF LEARNING

Learners to work in pairs or groups.

INTRODUCTION

Review the previous lesson.

LESSON DEVELOPMENT (Assessment as learning)

Step 1: Guide the learners to identify the items they use when brushing their teeth.

Step 2: Guide the learners in the steps provided in the learner's workbook on how to clean a toothbrush.

Step 3: Give learners an opportunity to clean a toothbrush if possible.

SUMMARY

Review the lesson



CONCLUSION (Assessment of Learning)

Cleaning personal items in important

EXTENSION OF ACTIVITIES

. Learners to promote personal hygiene among family members and friends.

REFLECTION ON THE LESSON/SELF-REMARKS

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Week: _____

Lesson: _____

SCHOOL	GRADE	DATE	TIME	ROLL
	TWO			

STRAND/THEME/TOPIC: PERSONAL HYGIENE

SUBSTRAND/SUB-THEME/SUB-TOPIC: Use and care of personal items (toothbrush)

Specific lesson learning outcome.

By the end of the lesson, the learner should be to:

1. Identify the items used for personal cleanliness
2. Give reasons why we should not share personal items.
3. State the procedure used when cleaning items for personal use.

KEY INQUIRY QUESTION (s)

What items do we use for personal cleanliness?

How do we clean personal items?

Why should we not share personal items?

Core competencies	Values	PCIs
<ul style="list-style-type: none"> • Critical thinking • Communication and collaboration • Digital literacy • Self-efficacy 	<ul style="list-style-type: none"> • Responsibility • Love • Respect 	<ul style="list-style-type: none"> • Health issues • Life skills

LEARNING RESOURCES

Picture of personal items.

Materials for cleaning personal items: water, soap, brush.

Computers/tablets.

Focus on Hygiene and nutrition Grade 2 learners’ workbook pg. 29-35.

ORGANIZATION OF LEARNING

Learners to work in pairs or groups.

INTRODUCTION

Review the previous lesson.

LESSON DEVELOPMENT (Assessment as learning)

Step 1: Guide the learners to identify the items they use when brushing their teeth.

Step 2: Guide the learners in the steps provided in the learner’s workbook on how to clean a toothbrush.

Step 3: Give learners an opportunity to clean a toothbrush if possible.

Step 4: Lead learners in a discussion why they should not share a toothbrush i.e. in order to avoid spread of disease/infections.



SUMMARY

Review the lesson

CONCLUSION (Assessment of Learning)

Cleaning personal items in important

EXTENSION OF ACTIVITIES

Learners to promote personal hygiene among family members and friends.

REFLECTION ON THE LESSON/SELF-REMARKS



Week: _____

Lesson: _____

SCHOOL	GRADE	DATE	TIME	ROLL
	TWO			

SUBSTRAND/THEME/TOPIC: PERSONAL HYGIENE

SUBSTRAND/SUB-THEME/SUB-TOPIC: Use and care of personal items (comb)

Specific lesson learning outcome.

By the end of the lesson, the learner should be to:-

1. Identify the items used for personal cleanliness.
2. Give reasons why we should not share personal items.
3. State the procedure used when cleaning items for personal use.

KEY INQUIRY QUESTION (s)

What items do we use for personal cleanliness?

How do we clean personal items?

Why should we not share personal items?

Core competencies	Values	PCIs
<ul style="list-style-type: none"> • Critical thinking • Communication and collaboration • Digital literacy • Self-efficacy 	<ul style="list-style-type: none"> • Responsibility • Love • Respect 	<ul style="list-style-type: none"> • Health issues • Life skills

LEARNING RESOURCES

Picture of personal items.

Materials for cleaning personal items: water, soap, brush.

Computers/tablets.

Focus on Hygiene and nutrition Grade 2 learners' workbook pg. 29-35.

ORGANIZATION OF LEARNING

Learners to work in pairs or groups.

INTRODUCTION

Review the previous lesson.

LESSON DEVELOPMENT (Assessment as learning)

Step 1: Guide the learners to identify the items they use when combing their hair.

Step 2: Guide the learners in the steps provided in the learner's workbook on how to clean a comb.

Step 3: Give learners an opportunity to clean a comb if possible.

SUMMARY

Review the lesson

CONCLUSION (Assessment of Learning)

Cleaning personal items in important

EXTENSION OF ACTIVITIES

Learners to promote personal hygiene among family members and friends.

REFLECTION ON THE LESSON/SELF-REMARKS





Week: _____

Lesson: _____

SCHOOL	GRADE	DATE	TIME	ROLL
	TWO			

STRAND/THEME/TOPIC: PERSONAL HYGIENE

SUBSTRAND/SUB-THEME/SUB-TOPIC: Use and care of personal items (face towel)

Specific lesson learning outcome.

By the end of the lesson, the learner should be to:-

1. Identify the items used for personal cleanliness.
2. Give reasons why we should not share personal items.
3. State the procedure used when cleaning items for personal use.

KEY INQUIRY QUESTION (s)

What items do we use for personal cleanliness?

How do we clean personal items?

Why should we not share personal items?

Core competencies	Values	PCIs
<ul style="list-style-type: none"> • Critical thinking • Communication and collaboration • Digital literacy • Self-efficacy 	<ul style="list-style-type: none"> • Responsibility • Love • Respect 	<ul style="list-style-type: none"> • Health issues • Life skills

LEARNING RESOURCES

Picture of personal items.

Materials for cleaning personal items: water, soap, brush.

Computers/tablets.

Focus on Hygiene and nutrition Grade 2 learners’ workbook pg. 29-35.

ORGANIZATION OF LEARNING

Learners to work in pairs or groups.

INTRODUCTION.

Review the previous lesson.

LESSON DEVELOPMENT (Assessment as learning)

Step 1: Guide the learners to identify the items they use when cleaning their face.

Step 2: Guide the learners in the steps provided in the learner’s workbook on how to clean a face towel.

Step 3: Give learners an opportunity to clean a face towel if possible.

SUMMARY

Review the lesson



CONCLUSION (Assessment of Learning)

Cleaning personal items in important

EXTENSION OF ACTIVITIES

Learners to promote personal hygiene among family members and friends.

REFLECTION ON THE LESSON/SELF-REMARKS

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Week: _____

Lesson: _____

SCHOOL	GRADE	DATE	TIME	ROLL
	TWO			

STRAND/THEME/TOPIC: PERSONAL HYGIENE

SUBSTRAND/SUB-THEME/SUB-TOPIC: Use and care of personal items (comb)

Specific lesson learning outcome.

By the end of the lesson, the learner should be to:-

- 1) Identify the items used for personal cleanliness.
- 2) Give reasons why we should not share personal items.
- 3) State the procedure used when cleaning items for personal use.

KEY INQUIRY QUESTION (s)

What items do we use for personal cleanliness?

How do we clean personal items?

Why should we not share personal items?

Core competencies	Values	PCIs
<ul style="list-style-type: none"> • Critical thinking • Communication and collaboration • Digital literacy • Self-efficacy 	<ul style="list-style-type: none"> • Responsibility • Love • Respect 	<ul style="list-style-type: none"> • Health issues • Life skills

LEARNING RESOURCES

Picture of personal items.

Materials for cleaning personal items: water, soap, brush.

Computers/tablets.

Focus on Hygiene and nutrition Grade 2 learners' workbook pg. 29-35.

ORGANIZATION OF LEARNING

Learners to work in pairs or groups.

INTRODUCTION

Review the previous lesson

LESSON DEVELOPMENT (Assessment as learning)

Step 1: Guide the learners to identify the items they use when combing their hair

Step 2: Guide the learners in the steps provided in the learner's workbook on how to clean a comb.

Step 3: Give learners an opportunity to clean a toothbrush if possible.

Step 4: Lead learners in a discussion why they should not share a comb i.e. in order to avoid spread of disease/infections.



SUMMARY

Review the lesson

CONCLUSION (Assessment of Learning)

Cleaning personal items in important

EXTENSION OF ACTIVITIES

Learners to promote personal hygiene among family members and friends.

REFLECTION ON THE LESSON/SELF-REMARKS



Week: _____

Lesson: _____

SCHOOL	GRADE	DATE	TIME	ROLL
	TWO			

STRAND/THEME/TOPIC: PERSONAL HYGIENE

SUBSTRAND/SUB-THEME/SUB-TOPIC: Use and care of personal items (face towel)

Specific lesson learning outcome.

By the end of the lesson, the learner should be to:-

1. Identify the items used for personal cleanliness.
2. Give reasons why we should not share personal items.
3. State the procedure used when cleaning items for personal use.

KEY INQUIRY QUESTION (s)

What items do we use for personal cleanliness?

How do we clean personal items?

Why should we not share personal items?

Core competencies	Values	PCIs
<ul style="list-style-type: none"> • Critical thinking • Communication and collaboration • Digital literacy • Self-efficacy 	<ul style="list-style-type: none"> • Responsibility • Love • Respect 	<ul style="list-style-type: none"> • Health issues • Life skills

LEARNING RESOURCES

Picture of personal items.

Materials for cleaning personal items: water, soap, brush.

Computers/tablets.

Focus on Hygiene and nutrition Grade 2 learners' workbook pg. 29-35.

ORGANIZATION OF LEARNING

Learners to work in pairs or groups.

INTRODUCTION

Review the previous lesson.

LESSON DEVELOPMENT (Assessment as learning)

Step 1: Guide the learners to identify the items they use when cleaning their face.

Step 2: Guide the learners in the steps provided in the learner's workbook on how to a face towel.

Step 3: Give learners an opportunity to clean a toothbrush if possible.

Step 4: Lead learners in a discussion why they should not share a face towel i.e. in order to avoid spread of disease/infections.



SUMMARY

Review the lesson

CONCLUSION (Assessment of Learning)

Cleaning personal items in important

EXTENSION OF ACTIVITIES

Learners to promote personal hygiene among family members and friends.

REFLECTION ON THE LESSON/SELF-REMARKS

.....

.....



Week: _____

Lesson: _____

SCHOOL	GRADE	DATE	TIME	ROLL
	TWO			

STRAND/THEME/TOPIC: PERSONAL HYGIENE

SUBSTRAND/SUB-THEME/SUB-TOPIC: Use and care of personal items (toothbrush)

Specific lesson learning outcome.

By the end of the lesson, the learner should be to:-

- a) Identify materials that can be used to improvise items for personal use.
- b) Appreciate the importance of caring for personal items to promote cleanliness for self and others.

KEY INQUIRY QUESTION (s)

What other materials can we use to improvise personal items?

Core competencies	Values	PCIs
<ul style="list-style-type: none"> • Critical thinking • Communication and collaboration • Digital literacy • Self-efficacy 	<ul style="list-style-type: none"> • Responsibility • Love • Respect 	<ul style="list-style-type: none"> • Health issues • Life skills

LEARNING RESOURCES

Picture of personal items.

Materials for cleaning personal items: water, soap, brush.

Computers/tablets.

Focus on Hygiene and nutrition Grade 2 learners' workbook pg. 29-35

ORGANIZATION OF LEARNING

Learners to work in pairs or groups.

INTRODUCTION

Review the previous lesson.

LESSON DEVELOPMENT (Assessment as learning)

Step 1: Guide the learners to identify the items they use when brushing their teeth, combing their hair, cleaning their face.

Step 2: Guide the learners in the steps provided in the learner's workbook on how to clean a toothbrush, comb, face towel.

Step 3: Give learners an opportunity to clean a toothbrush, comb, face towel if possible.

Step 4: Lead learners in a discussion on how they can improvise personal items in case the items are not available e.g. toothbrush.



SUMMARY

Review the lesson

CONCLUSION (Assessment of Learning)

Cleaning personal items in important

EXTENSION OF ACTIVITIES

Learners to promote personal hygiene among family members and friends.

REFLECTION ON THE LESSON/SELF-REMARKS
