TISMA 003 ENDTERM 1 EXAM

GRADE 2-2023

HYGIENE AND NUTRIION

NAME	
SCHOOL	
GRADE	
1. We eat meals in a day. (2, 3, 1)	Write 3 things we should not share
3, 1)	11
2. A pig gives us(mutton, beef, pork)	12
Name 3 parts of a plant that we eat as food	13
3	14. Ancan be eaten raw. (apple ,beans, spinach)
4	15. A treats our teeth.
5	(optician ,dentist ,nurse)
6. The classroom dustbin should be emptied (everyday ,never	16. I useto cut my finger nails (teeth ,knife ,nail cutter)
,weekly)	17. The main source of water is
7. The first help we give to an injured person is	(tank, tap, rain)
called(help ,pricks	18. Contaminated water can make us
,first aid)	(healthy, cry, sick)
8. Wounds are covered with a(bandage ,paper,	(ficularly, city, stek)
tissue)	
9. The first teeth to grow are called(first teeth ,good	
teeth ,milk teeth)	Name 3 main meals we eat in a day (lunch,
10. We remove dirt particles from water by	snacks ,breakfast, chips, supper ,soda)
(boiling ,filtering	19
,cooling)	20

21	
22. I am a place in the house. Foods are prepared in me. I am a(dining room, kitchen ,sitting room)	33.
23. Acannot be used to clean the floor (broom ,mop ,panga)	
24. Green or red pepper tastes(sour ,sweet ,bitter)	34.
Where are these items found in the rooms of a house	
25. Sofa set	
26. Bed	Name the parts of our body we use to clean with the following items
27. Frying pan	35. Comb
28. Television	36. Toothbrush
29. Knife	Name 3 sources of water
30. Pillow	38 39
Draw 4 fruits and write their names	40
31.31.	Which part of plant do we eat from these plants
	41. Sweet potatoes -
	42. Kales -
32.	43. Maize -
	44. Sugarcane -

45. Carrots	
Name 2 bad oral habits	
46	
47	
48. We use	and
clean water to wash uter	nsils.(jug ,soap
,toothbrush)	
49. Dirty utensils bring	
	_in the
house. (Mosquitoes ,lice	
,cockroaches)	
50	_causes diseases. (food
,germs, oily)	