TISMA 003 ENDTERM 1 EXAM

GRADE 4-2023

HOME SCIENCE/ART/MUSIC & PHE

QUESTIONS HOMESCIENCE ACTIVITIES

- 1. Write 2 common illinesses. (diarrhoea and Tuerculosis, Sore throat and common cold)
- 2. Utensils that break easily in our kitchen are called(fragile, glass, ceramic)utensils.
- 3. Write two energy giving foods.
- 4. Name three fuels we use at home
- 5. A meal that contains the three groups o ioods in the rightis amounts is known as (balance diet, energy giving food, grouped meal)
- 6. Write two methods of cooking food.
- 7. _____bags is used to keep all the needlework tools together. (Plastic, Sewing)
- 8. Write two personal items.
- 9. _____is putting the dirty clothes in clean cold water without soap for a while before washing them. (Mending, Soaking, Washing)
- 10. The process of washing, ironing and storing is called_____ (drying work, laundly work, garment work)

ART & CRAFT

- 1. Name two tools used in drawing.
- 2. Shade this picture using smudging technique.



- 3. When we mix two primary colours we get colours.
- 4. is a mixture of a colour with white. (Shade, Tone, Tint)
- 5. Name two materials which can be used to make a montage.
- 6. Warps and wefts are used in (threading, weaving)
- 7. Draw and colour a drum.
- 8. Name two materials used in pottery.
- 9. Make a pattern using letter 'C' or 'X'

MUSIC

- 1. Songs sung to praise and worship God are called _____songs.
- 2. Two people singing together form a _____
- 3. Define pitch
- 4. Isukuti is a drum played by community.
- 5. Draw a flute.
- 6. Write two costumes worn when dancing a folk song.
- 7. Name the french rhythm of a semi-breve
- 8. Songs sung in praise of a country or its leaders are known as song. (patriotic, love)
- 9. The Kenya National Athem song has how many stanzas? (Three, Two, Four)
- 10. If you are singing and at the same time clapping, you are trying to catch up with the ______of the .song. (rhythm, taste, truth)

PHYSICAL HEALTH EDUCATION

- 1. The place where athletes run and compete is called _____field.(football track, athletic track, running track)
- 2. Before one starts to run, one must have to (coming up, warming upi eating up)
- 3. Draw athletic track field.
- 4. Where people complete using a football, the place is called _____pitch. (football, volleyball, handball)

Questions	Activity to be done	Perfomance	Ratings
5	Two-handed catching		
6	Kneeling, overhead throw		
7	Geeting set -(On to your marks)		
8	Stopping a football		
9	Standing long jump		
10	Get - set - go		