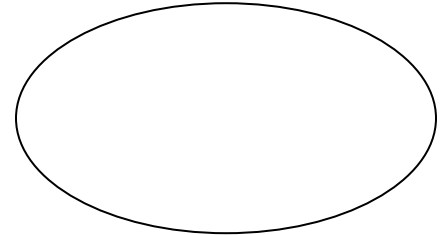


HOME SCIENCE - GRADE 7 ENDTERM 1 **2023 HOLIDAY ASSIGNMENT**

Name.....Adm No.....Class.....

School

GRAND TOTAL



Instructions:

-Learners to attempt the questions in the spaces provided in this booklet during this holiday and use the marking schemes provided by Mr Machuki (0724333200) for marking and revision purposes.

1. Describe the role of Homescience education in contemporary life for self and others. (2mks)

2. List **two** career opportunities in Homescience. (2mks)

3. Jane a Grade seven pupil lacks sanitary towels. As her classmate, list **two** income generating activities in Homescience that you would advise Jane to engage in over the weekends in order to buy sanitary towels. (2mks)

8. Grade seven learners from Utafiti Academy visited a food processing company in their locality. Ms. Ann the food safety officer took them through food safety precautions. List two safety precautions to observe when cooking. (2mks)

9. Explain how the following 3R's help in minimizing nutrient loss when cooking vegetables. (3mks)
 - a. Reduce the surface area of the food that is exposed.

 - b. Reduce the amount of water used in cooking.

 - c. Reduce the cooking time.

10. Name **four** classes of small kitchen tools and equipment and give two examples of tools and equipment in each class. (4mks)

11. Discuss **three** factors to consider when choosing small kitchen tools and equipment. (3mks)

12. James wanted to bake a cake but he did not have a baking tin and an electric oven. Draw and name improvised tools and equipment that James can make and use in baking. (2mks)