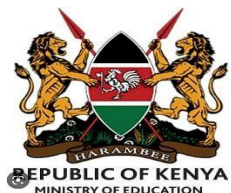


KENYA EDUCATORS CONSULTANCY EXAMS



JUNIOR SECONDARY SCHOOL GRADE 7 END TERM 1 EXAM- 2023 LIFE SKILLS EDUCATION

Time: 2 hours

Name..... School.....

INSTRUCTIONS TO CANDIDATES:

.Do not open the booklet until you are told to do so.

.Read each question carefully.

.Answer ALL the questions.

.Write your answers, in either blue or black ink, in the spaces provided in the booklet

FOR EXAMINERS ONLY

Questions 1-13 Out of 100 marks	Candidate Score	Candidate performance level
--	------------------------	------------------------------------

1. Read the following story and answer the questions that follows.

Kamau is a pleasant boy in Grade 7. He is of medium height and dark complexion. He has broad shoulders and speaks in deep voice. Kamau loves reading story books during his free time and spending quality time with his siblings. He is aware of the fact that his parents expect him to be well behaved. Kamau is God-fearing and loves going to church. He always helps his father at their retail shop at the local shopping centre during weekends. Kamau loves singing and dancing. Is also talented in playing the guiter.

i. Describe Kamau’s physical appearance. (2mks)

.....
.....
.....
.....

ii. What are Kamau’s talents. (4mks)

.....
.....
.....
.....

iii. What kind of person do you think Kamau is? (2mks)

.....
.....

iv. What is family? (2mks)

.....
.....
.....

2. a) State 3 challenges you face in school (3mks)

.....
.....
.....
.....

b) State thee challenges you face at home (3mks)

.....
.....
.....
.....

3. State four factors that may hinder personal development (4mks)

.....
.....
.....
.....
.....

4. a) What is a socio-economic group? (2mks)

.....
.....
.....

b) List three social economic groups present in your community (3mks)

.....
.....
.....

5. Define the following terms:

a) Self-esteem (2mks)

.....
.....
.....

b) High self - esteem (2mks)

.....
.....
.....

c) Low self - esteem (2mks)

.....
.....
.....

6. Study the following picture and answer the questions that follows



i. Which picture shows a depressed person. (1mk)

.....

ii. Describe what is happening in the picture F (3mks)

.....

.....

.....

.....

.....

iii. Which pictures show people who seem to be happy (2mks)

.....

.....

iv. Which pictures show people who seem to be sad? (4mks)

.....

.....

v. State 3 causes of low self esteem (3mks)

.....

.....

.....

7. i. Define the term emotion. (2mks)

.....

.....

ii. State 3 causes of a happy day in school. (3mks)

.....

.....

.....

.....

iii. What situation can make you feel angry at home? List three. (3mks)

.....

.....

.....

.....

8. a) State four areas you can seek assistance and guidance from when you are in trouble or undergoing difficulties. (4mks)

.....

.....

.....

.....

.....

.....

b). Define the term stress. (2mks)

.....
.....
.....

c). State 3 causes of stress in our lives. (3mks)

.....
.....
.....

d). List down 4 ways of dealing with stress. (4mks)

.....
.....
.....
.....

9. a). Complete the table below with physical differences between adolescent boys and girls. List 4 differences. (8mks)

Boys	Girls
1.	
2.	
3.	
4.	

b). What is the age bracket for adolescence? (2mks)

.....
.....

c). Do you think you are in adolescent stage? (1mk)

.....
.....

d). Can stress be managed? (1mk)

.....
.....

10. a). Who is the of the head of the institution you are currently learning in? (1mk)

.....
.....

b). Identify 4 challenges facing your community. (4mks)

.....

c). Describe 4 ways the above mentioned challenges can be addressed. Explain each point. (8mks)

.....

11. Explain what one should do before crossing a busy road. (3mks)

.....

12. List 3 people who can consist a family. (3mks)

.....

13. a). How many colours do the national flag has? (1mk)

.....

b). State the arrangement of colours of the national flag from top to bottom in order. (4mks)

.....

THIS IS THE LAST PRINTED PAGE