



2. Match the dimensions of human beings with the description given. (3mks)

<b>Dimension</b>	<b>Description</b>
Spiritual dimension	I am a medium sized girl. I have short hair. I have a black hair and I love my skin colour.
Physical dimension	I take care of the people around me. I also love meeting new people and I value my family so much.
Social dimension	My name is David. I pray when I woke up in the morning and before I sleep. I respect other peoples way of worship.

3. Rooney is a grade 7 student who has been missing school and does not like interacting with his classmate. List two challenges that he may be going through in his life. (2mks)
4. State **two** talents that you have identified in your school. (2mks)
5. Identify **two** ways in which we can use our talents and abilities. (2mks)
6. Love, hatred, sadness, happiness are all examples of (1mk)
7. Joy a Grade 7 girl has been influencing others negatively against a particular learning area in her class. What can you do to make her to be positive about the learning area? (1mk)

8. State **three** factors that affect your self-esteem in your day to day life. (3mks)
9. There are various ways on how we can improve our self-esteem. Write two of them. (2mks)
10. Ability to cope with emotions in order to live a healthy and happy life is called (1mk)