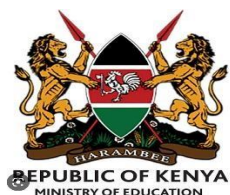


KENYA EDUCATORS CONSULTANCY EXAMS



JUNIOR SECONDARY SCHOOL GRADE 7 END TERM 1 SERIES 2 EXAM- 2023 PHYSICAL EDUCATION & SPORTS SCIENCE

Time: 2 hours

Name..... School.....

INSTRUCTIONS TO CANDIDATES:

.Do not open the booklet until you are told to do so.

.Read each question carefully.

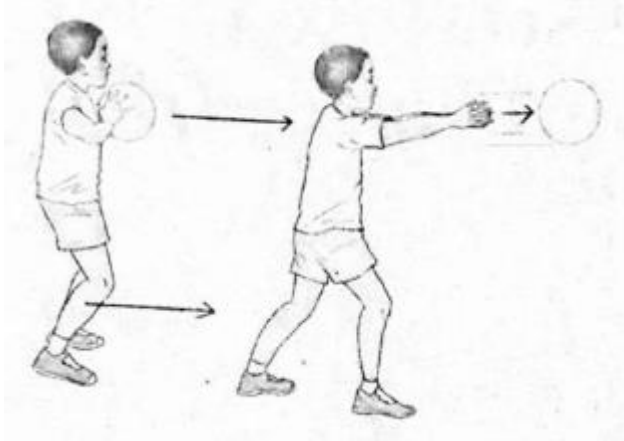
.Answer ALL the questions.

.Write your answers, in either blue or black ink, in the spaces provided in the booklet

FOR EXAMINERS ONLY

Questions 1-16 Out of 50 marks	Candidate Score	Candidate performance level
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1. The picture below is a grade seven learner passing a ball in a game of netball.



Identify the type of pass shown in the picture above (1mks)

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2. Grade seven learners want to perform line and pass drill in the chest pass. Write **three** resources they require. (3mks)

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3. Edwin explained the meaning of the words below. Write the correct explanations he gave. (5mks)

- a. Dodging
- b. Marking
- c. Off balance
- d. Intercepting
- e. Shuffling

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4. Outline **four** body movements that a player should make when marking an opponent in the netball. (4mks)

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5. Salim noted down various ways of dodging in the game of netball. Write **three** of them. (3mks)

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6. James is marking an opponent without a ball while playing netball. Write **five** factors that he should consider to ensure that he successfully marks the opponent. (5mks)

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7. You have been asked to write down **three** ways of dodging in the game of netball. Write them down. (3mks)

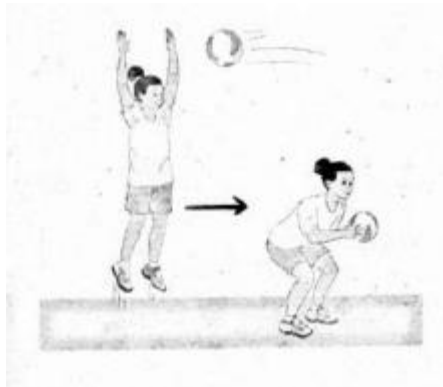
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8. Alice explained what netball is. Briefly write down the answer she gave. (1mk)

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9. Two learners demonstrated the following landing techniques in the games of netball. Identify each of the techniques below. (2mks)

a.



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b.



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10. What is pivoting in the game of netball? (1mk)

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11. Identify **three** parts of the body that should slightly bent when landing in the game of netball. (3 mks)

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12. Mary and Dorine improvised a netball. List four readily available materials that they used. (4 mks)

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13. During a handball game, Joan was asked to explain what passing is. Write the correct answer she gave (1mk)

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14. George and Caren are training on how to pass a ball in the game of handball. (5mks)

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15. The Physical Education and Sports teacher listed **three** qualities of a good pass in a game of handball on a chalkboard. Write down the qualities she listed. (3mks)

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16. State and briefly explain the **three** common types of passes in handball. (6mks)

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