

KENYA EDUCATORS CONSULTANCY EXAMS

GRADE 7 TERM 2 OPENER EXAM



GRADE 7 1ST ASSESSMENT TERM 2 2023

HEALTH EDUCATION



NAME: _____ CODE: _____ DATE: _____

INSTRUCTIONS TO CANDIDATES:

- .Do not open the booklet until you are told to do so.*
- .Read each question carefully.*
- .Answer ALL the questions.*
- .Write your answers, in either blue or black ink, in the spaces provided in the booklet*

GRADE 7 ASSESSMENT RUBRIC.

Strand/Sub strand	Questions	Total marks	Score	Performance Level
TOTAL				

PERFORMANCE LEVEL GUIDELINES

Strand 1

10 - 12 scores = level 4

7 - 9 scores = level 3

4-6 scores = level 2

0-3 score = level 1

Strand 2

6-7 scores = level 4

4-5 scores = level 3

2-3 scores = level 2

0-1 score = level 1

Strand 3

12-17 scores = level 4

8-11 scores = level 3

5-7 scores = level 2

0-4 score = level 1

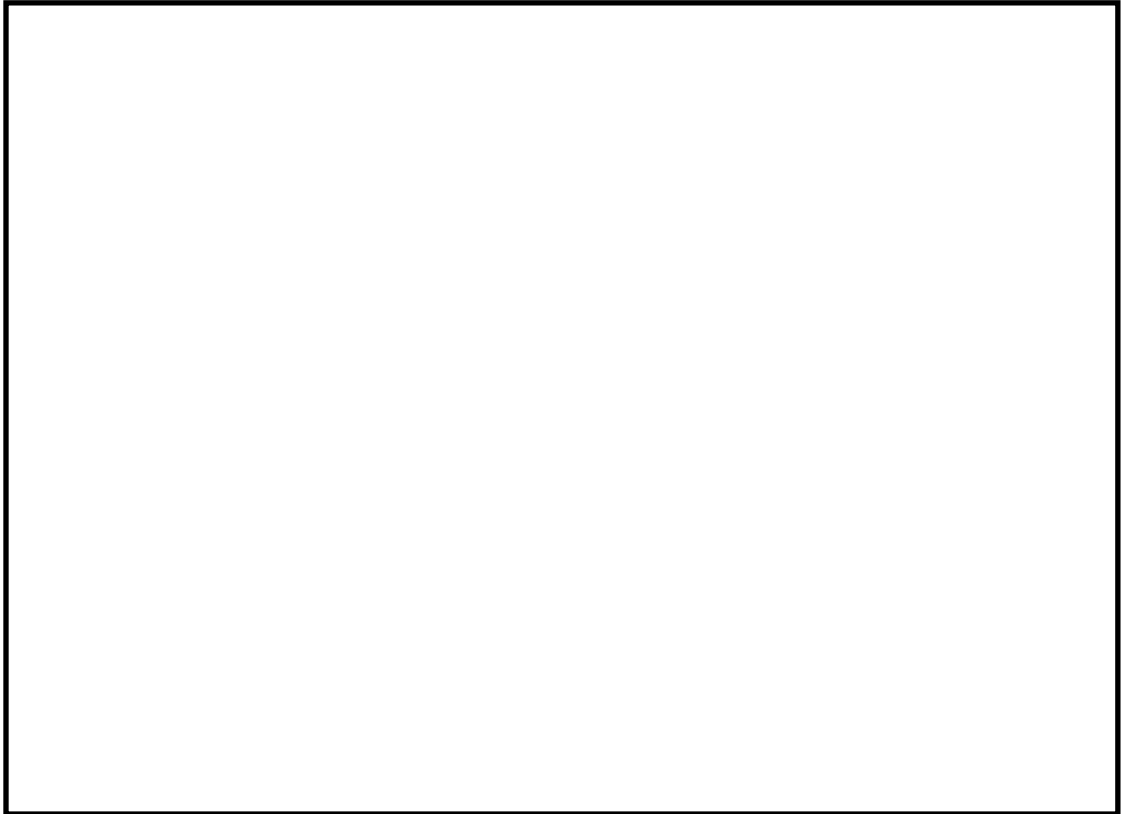
FOR EXAMINERS ONLY

Questions 1-17 Out of 100 marks	Candidate Score -----	Candidate performance level -----
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KENYA EDUCATORS CONSULTANCY

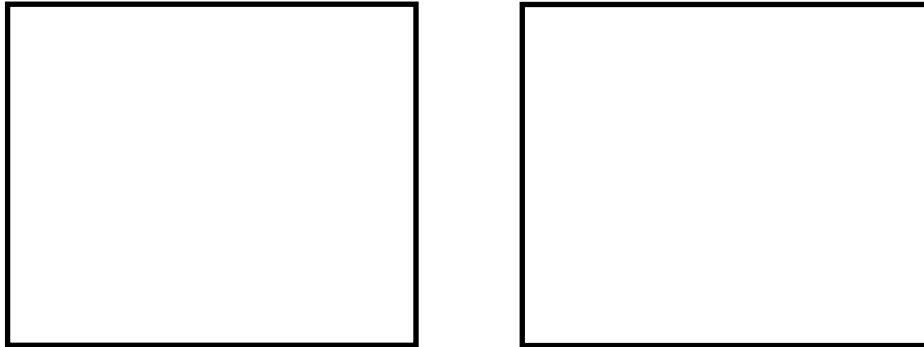
1. Marasmus is one of the nutritional deficiency diseases.
 - a. State the cause of marasmus.(1 mk)

 - b. Write three signs and symptoms of marasmus.(3 mks)
 1.
 2.
 3.
 - c. State how marasmus can be prevented.(2 mks)
 - a.
 - b.
2. State the functions of proteins in the body.(2 mks)
 - a.
 - b.
3. State the function of iron as a mineral salt in the body.(2 mks)
 1.
4. Draw and colour a poster showing a health promotion campaign.(3 mks)

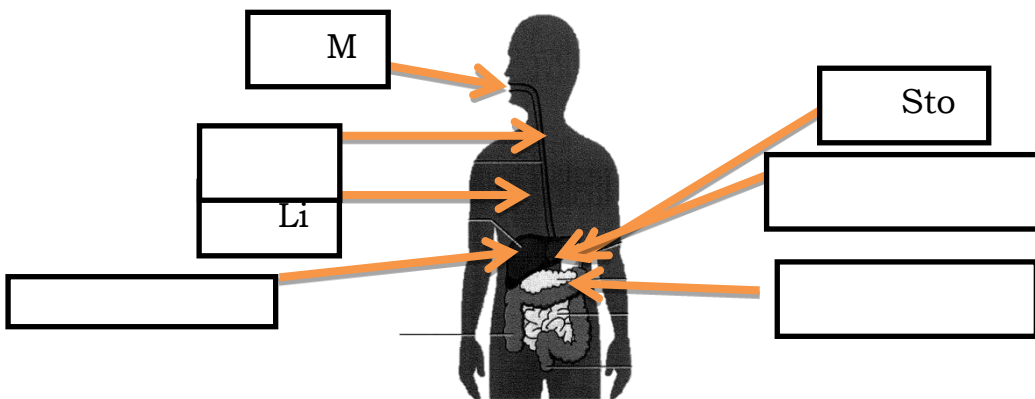


5. What are the career opportunities in health education?(2 mks)
 - a.
 - b.

6. Why is it important to include foods rich in fibre in our diet?(3 mks)
- i.
 - ii.
 - iii.
7. What is the difference between micronutrients and macronutrients? (2 mks)
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-
8. List four health benefits of water in the diet. (4 mks)
- i.
 - ii.
 - iii.
 - iv.
9. Draw and colour the foods that are rich in proteins.(2 mks)



10. Name the nutritional disorder that occurs as a result of lack of fibre in the diet. (1 mk)
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11. Name the following parts of the digestive system.(4 mks)



12. Explain the functions of the following parts of the human digestive system.(6 mks)

i. Mouth

a.

ii. Stomach

i.

iii. Small intestines

a.

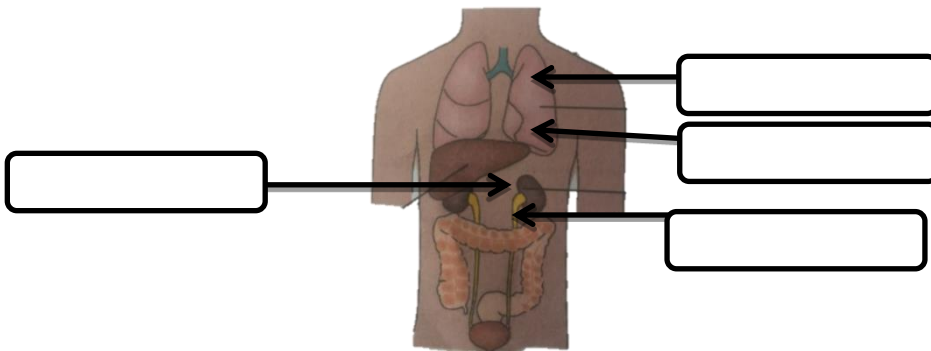
13. How can ulcers be prevented? (2 mks)

a.

b.

...

14. Name the following parts of the human excretory system.(4 mks)



15. What is egestion?(1 mk)

.....
.....
.....

16. Give three functions of the skin. (3 mks)

a.

b.

c.

17. Name the organs that make up the excretory system.(3 mks)

1.

2.

3.