**NAME\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ADMNO\_\_\_\_\_\_\_CLASS\_\_**

**HOME SCIENCE**

**FORM ONE**

**TIME: TWO HOURS**

**BRAIN QUEST SERIES FORM 1 END OF YEAR** **EXAMS 2023**

**Instruction.**

1. Write your name and admission number in the space provided above.
2. Ensure that all pages are printed as indicated and that no question is missing.

1. State two advantages of steaming as cooking method. 2mks

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2. Name three points to consider when choosing cosmetics. 3mks

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3. State two causes of suffocation 2mks

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4.. Give three undesirable qualities of wool 3mks

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5. Give three precautions to take when cleaning plain wooden surfaces 2mks

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6. Highlight two advantages of filing down finger nails as opposed to cutting with a razor blade. 2mks

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7. State two ways of controlling and preventing ringworms. 2mks

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8. Give two undesirable properties of silk that make it unsuitable for underwear 2mks.

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9. Identify two activities to be carried out in the special cleaning of a bedroom. 2mks

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10. List down two uses of temporary stitches 2mks

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11. State four examples of decorative or embroidery stitches. 2mks

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12. Suggest two qualities of a good cutting shears. 2mks

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13. Paint out three ways of ensuring healthy feet. 3mks

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14. Mention at least three factors to bear in mind when selecting kitchen equipment. 3mks

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15. Highlight three points that determine the choice of a cooking method. 3mks

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16. Which two ways would one follow in caring for a broom. 2mks

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17. State any four disadvantages of renting a house for shelter . 4mks

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18. Give two uses of mineral fibres in clothing 2mks

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19.Point out three qualities of good tape measure 3mks

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20 Give two ways for each of the following

Misusing medicine 2mks

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Abusing medicine 2mks

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21.Which two reasons would you give for making the corners of beddings to be mitred. 2mks

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22. Highlight two physical changes in boys at adolescent stage and two for the girls 4mks

**BOYS**

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23. Give the correct meaning for each of the following

i.Grease solvents

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ii.Grease absorbents

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24.State two reasons for lining dust bins 2mks

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25. Give the reason for cleaning a glass window on the outside first and then the inside. 2mks

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26. List down three safety precautions to observe when handling kitchen equipment . 3mks

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27.Give two causes two prevententions of food spoilage. 4mks

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28. State four governing rules to be observed in deep fat frying . 4mks

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29. four methods of physical identification of textile fibres include. 4mks

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30. list down four different types of commonly used cotton fabrics. 4mks

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31. Name five parts of a sewing and state their functions . 5mks

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32. Suggest four tools that are used to transfer pattern markings on a fabric . 4mks

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33. Highlight on five points to consider when selecting and working out permanent stitches. 5mks

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34. Give four import steps to undertake when caring for canvas shoes. 4mks