

9. Identify each of the following passes. (3mks)



10. Outline 2 types of traps in a game of soccer. (2mks)

11. List two types of serves in a game of volleyball. (2mks)

- i) _____
ii) _____

12. Which type of volleyball serve is illustrated below? (1mk)



13. List 2 equipments necessary in a game of tag rugby. (2mks)

- i) _____
ii) _____

14. A score in the game of tag rugby is called a _____ and is awarded _____ points. (2mks)

15.



The above activity is a _____ sequence which involves _____ activities. (2mks)

16. Name two types of landing in the game of netball. (2mks)

- i) _____
ii) _____

17. Name two types of leadership in sports. (2mks)

- i) _____
- ii) _____

Define the following terms in relation to PE and sports. (2mks)

18. Speed _____

19. Power _____

20. Grade seven student from a certain school went for a camp. Name two most appropriate materials they needed to light a camp fire. (2mks)

- i) _____
- ii) _____

21. State two sports related injuries. (2mks)

- i) _____
- ii) _____

22. During games, Wafula developed the following signs. (1mk)

- i) *dizziness*
- ii) *his vision changes*
- iii) *cold skin and sweating*
- iv) *breathing faster and deeply.*

From which sports related injuries was Wafula most likely suffering from? _____

23. Name two types of snakes found in the locality. (2mks)

- i) _____
- ii) _____

24. State two signs and symptoms of snake bites. (2mks)

- i) _____
- ii) _____

25. The picture below shows an injured person. The triangular bandage has been used to (2mks)


