**THE TOP SCHOOLS MULTILATERAL SERIES 2 FORM 1 MIDTERM 1 EXAMS 2024**

**NAME \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ CLASS\_\_\_\_\_\_ADM NO\_\_\_\_\_\_\_**

**FORM ONE**

**HOME SCIENCE**

**TIME: 2 HOURS**

1.Give the meaning of each of the following terms:

(i) Home science: (1mk)

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(ii) Good grooming: (1mk) ………………………………………………………………………………………………………

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(III) Hygiene : (1mk) ………………………………………………………………………………………………………

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(iv) Cosmetics: (1mk) ………………………………………………………………………………………………………

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(v) Accessories: (1mk) ………………………………………………………………………………………………………

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2. State the five major units that are covered in Home-science. (5mks) ………………………………………………………………………………………………………

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3. Point out five ways in which Home Science is related to other subjects (5mks) ………………………………………………………………………………………………………

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4. List down three importance of learning Home-science to the family and two to the nation

(5mks)

To the family

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To the Nation

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5. Suggest five known ways of identifying a well-groomed person. (5mks) ………………………………………………………………………………………………………

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6. Give three undesirable effects of wearing tight shoes (3mks) ………………………………………………………………………………………………………

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7. State three behaviors that you would discourage adolescents doing in relation to their

Emotional and social changes. (3mks) ………………………………………………………………………………………………………

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8. List down 4 different accessories you would advice a person to wear when attending an interview. (4mks) ………………………………………………………………………………………………………

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9. Point five factors to bear in mind when buying personal clothes. (5mks) ………………………………………………………………………………………………………

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10. Highlight five steps you would follow when cleaning your school black leather shoes. (5mks) ………………………………………………………………………………………………………

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11. State five good steps that are important on the care of feet. (5mks) ………………………………………………………………………………………………………

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12(i) What do you understand by first aid (2mks) ………………………………………………………………………………………………………

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(ii) Mention 4 aims of giving first aid (4mks) ………………………………………………………………………………………………………

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13. Give the difference between the dermis and epidermis. (2mks) ………………………………………………………………………………………………………

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14.State four reasons as to why using polish on leather shoes is advisable. (4mks) ………………………………………………………………………………………………………

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15. In four points, say how an individual benefits from Home-science. (4mks) ………………………………………………………………………………………………………

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16. Suggest two effects of using vertical lines on a short full figure wearer and two effects of

Horizontal lines of a Tall slim figure. (4mks) ………………………………………………………………………………………………………

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17. Give five considerations to make when choosing shoes. (5mks) ………………………………………………………………………………………………………

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18. List down five good practices of dental care. (5mks) ………………………………………………………………………………………………………

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19. State three physical changes that take place in boys and three physical changes in girls at their

Adolescence stage. (6mks) ………………………………………………………………………………………………………

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In Girls

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20(i) Name three parts of the skin. (3mks) ………………………………………………………………………………………………………

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(ii) State four functions of the skin. (4mks) ………………………………………………………………………………………………………

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21. Point out two things to avoid when using cosmetics. (2mks) ………………………………………………………………………………………………………

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